

JOINING INSTRUCTIONS

ARFID WORKSHOP

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We hope you're excited to join us for our workshop.

THE TIMINGS

On Wednesday 28th February we'll start at 1:00pm and finish by 5:00pm

EVENT LINK

To access the event, please use the following link:

<https://crowdcomms.com/bep/login>

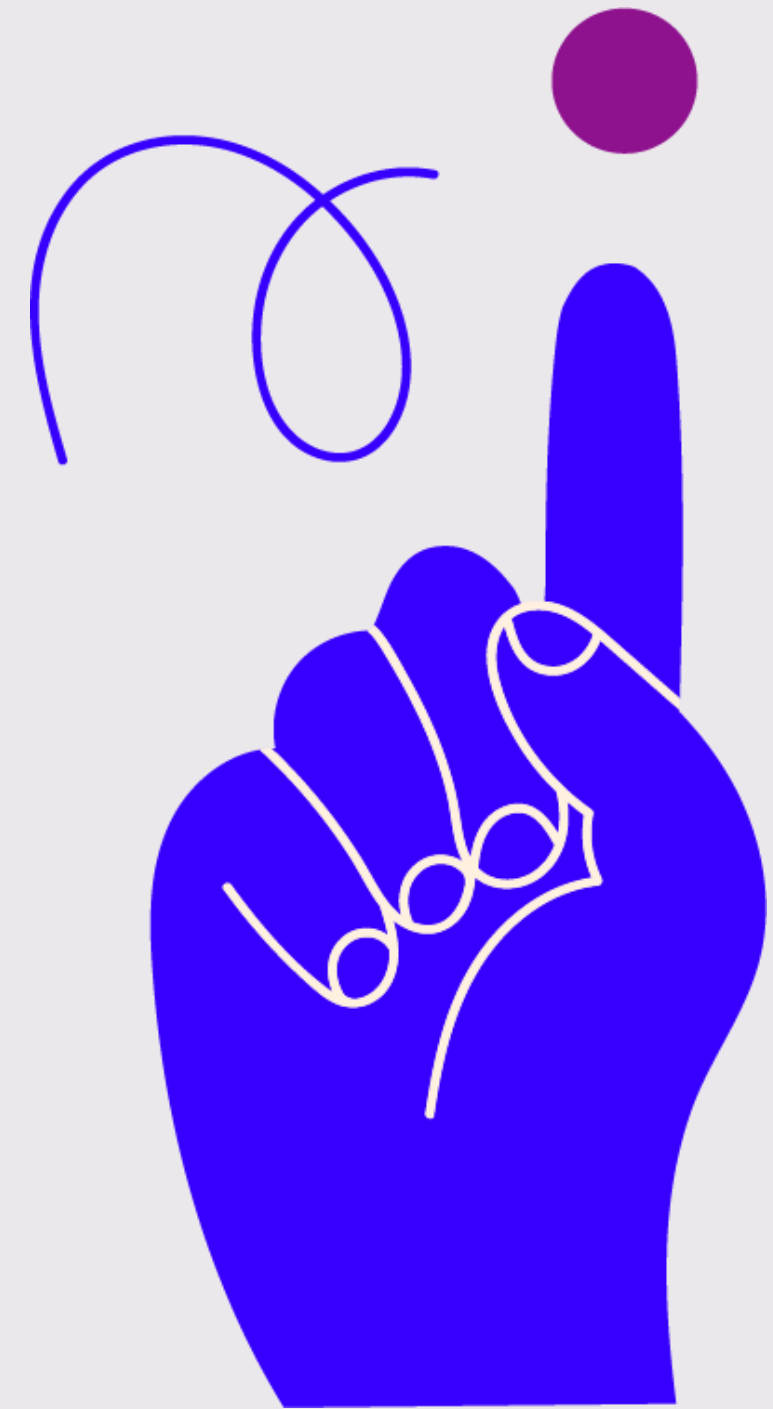
FORMAT OF THE EVENT

This event will take place virtually and we have an exciting programme planned.

Sessions will also be recorded, so that you can watch the content for up to a month after the workshop has finished.

You can access the recordings using the same link you use to access the event for live sessions.

We ask that attendees treat all speakers and other delegates with respect. The event organisers reserve the right to revoke access to the platform to anyone we feel is using inappropriate or abusive language towards others.





**HOW DO I JOIN
THE EVENT?**

ACCESSING THE WORKSHOP

1. We recommend using a laptop or PC to view and interact in the workshop. However, the platform is available on all devices.

2. To access this platform please click the following link:
<https://crowdcomms.com/bep/login>

3. Use **the email address that you registered with** to access the platform, and then create a password to log onto the platform.



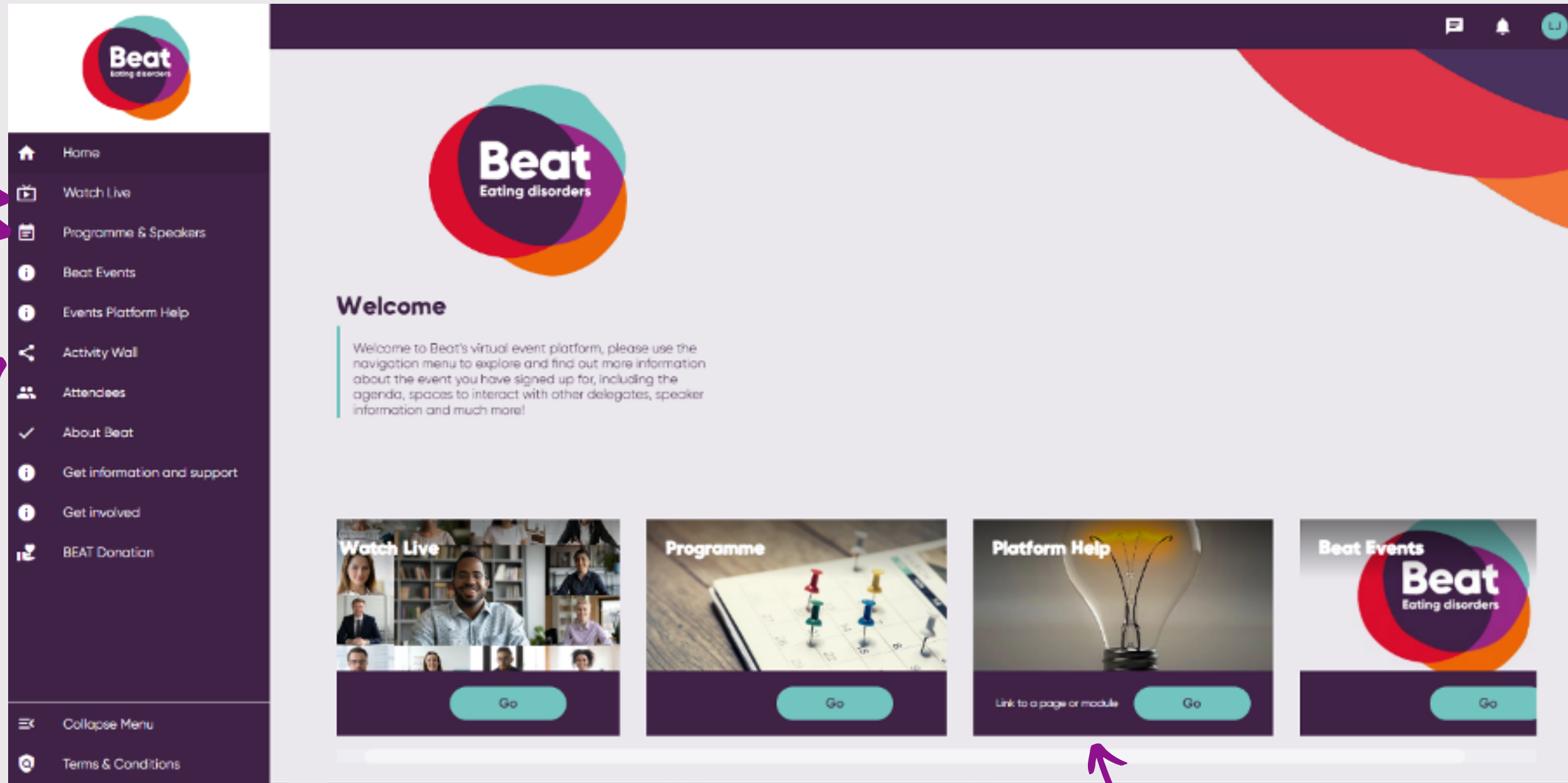
Once you've opened up the platform, add it to your home screen or bookmark it for future use.

You will find everything you need for the event on the platform:

Click here to watch the event live.

Workshop programme and speaker information.

Use the activity wall to keep up to date with the latest news throughout the event.



Make notes on sessions to email to yourself.

View your profile and make it stand out to help you network with others.

Live event support which can be contacted throughout the workshop to ask questions regarding the platform or event.

ANY QUESTIONS?

If you have any technical issues both before or during the event, contact Event Support on 01603 753310 or email: events@beateatingdisorders.org.uk

Our Helplines are open from 3pm– 8pm, 7 days a week, 365 days a year (366 in a leap year!). Support on the Helpline is available by phone, email, webchat (live link) through our social media accounts and by letter. Calls to the helpline are free from landlines and mobile phones within the UK and do not appear on itemised bills.

Sometimes our lines are busy. If you can't get through immediately, please do try again or try our [one-to-one web chat](#) or send us an [email](#).

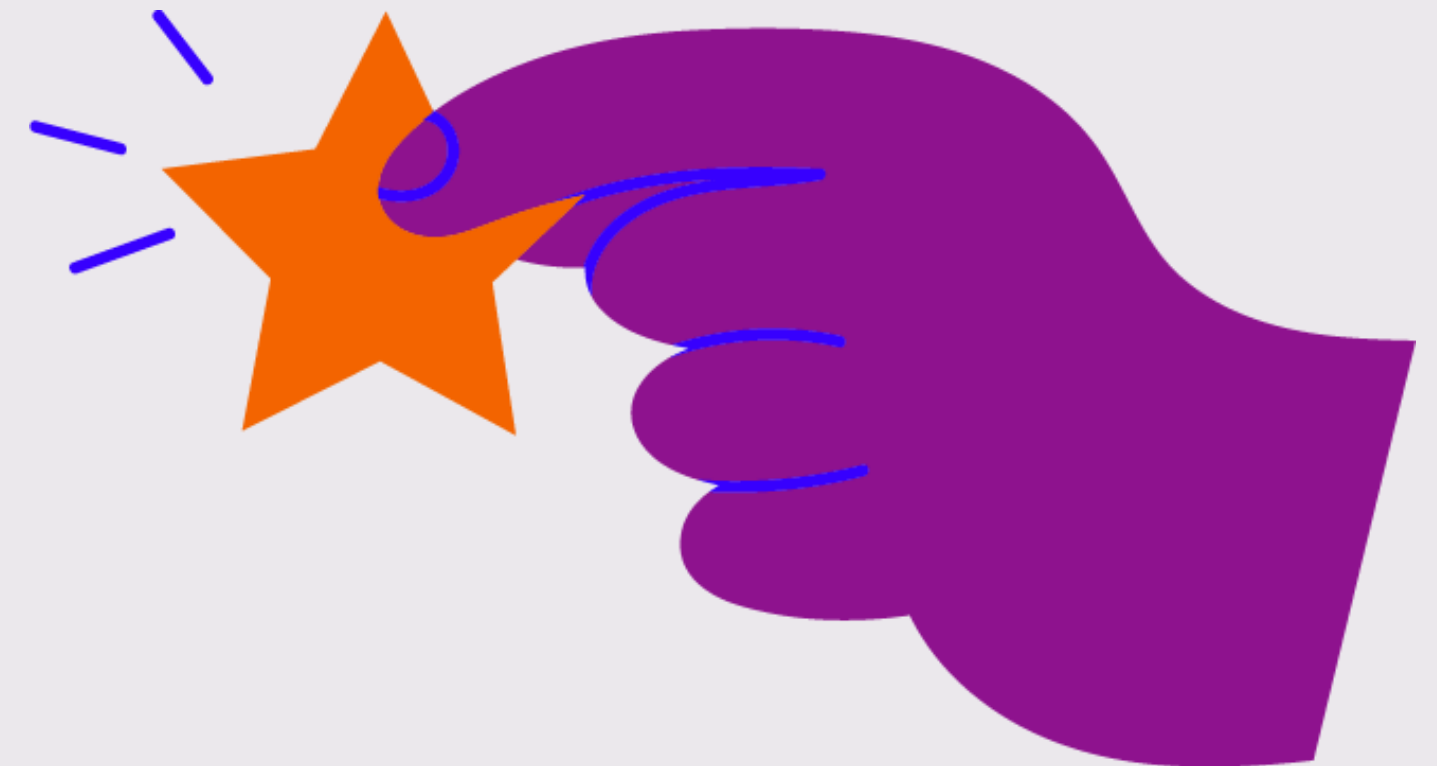
Beat provides Helplines for people of all ages, offering support and information about eating disorders no matter where you are in your journey. These Helplines are free to call from all phones.

[England:](#) 0808 801 0677

[Wales:](#) 0808 801 0433

[Scotland:](#) 0808 801 0432

[Northern Ireland:](#) 0808 801 0434



**WE LOOK FORWARD
TO 'SEEING' YOU
AT THE EVENT!**

The Beat Events Team