

GREAT STRIDES IN SCOTLAND

Our impact 2021-22

Beat is the UK's eating disorder charity – we're for everyone, everywhere.
And we're so proud of our progress in Scotland. It's work that will make
all the difference, now and in the future.



LET'S TAKE A LOOK BACK

Last year, the Scottish government gave us a whopping £219,000 in funding. That meant we could roll out our support programmes in every part of the country.

Now, at a time when the NHS is overstretched, people affected by eating disorders in Scotland can get support from our services. For free.

Want to know more about our programmes?

READ ME



Emma Broadhurst, **NATIONAL OFFICER FOR SCOTLAND**

GROWING OUR COMMUNITY

We've just finished the first year of a brand-new project with the Church of Scotland Guild. Together, we help local communities recognise the signs of eating disorders so they can support those struggling to get the treatment they deserve.

At the heart of our work together are powerful stories of those who've been touched by eating disorders.

So as Guild members ran
brilliant fundraisers for Beat

18

volunteers spoke about
their own experiences to

61

Guilds across Scotland.

"[AFTER THE VOLUNTEER'S TALK] ONE OF OUR MEMBERS FELT ABLE TO SHARE HER FAMILY'S DIFFICULTIES WITH HER OWN GRANDDAUGHTER... LIKE ALL OF US, [SHE] WAS LEFT WITH A REAL SENSE OF HOPE FOR THE FUTURE."

– Church of Scotland Guild member

We're so excited to be working with the Guild and can't wait to see what the next two years of our relationship brings!

GAINS IN GLASGOW AND BEYOND

Our campaign to increase medical training on eating disorders was a huge success. All four Scottish medical schools have agreed to implement more in-depth training for medical students.

The University of Glasgow was officially the first university in the UK to start running Beat's own training on eating disorders.

It's led by Beat Trustee and Consultant Psychiatrist at NHS Greater Glasgow and Clyde, **Dr. Stephen Anderson.**

These are the doctors of the future – and thanks to the campaign, they'll be far better equipped to treat people with eating disorders.

“HAVING DELIVERED BEAT’S MEDICAL TRAINING IN GLASGOW, AND RECEIVED POSITIVE FEEDBACK FROM STUDENTS – I’M KEEN TO DEVELOP IT FURTHER. AS A TRUSTEE AND CHAIR OF BEAT’S CLINICAL ADVISORY GROUP, I’M ALSO DELIGHTED TO BE PART OF THE ONGOING WORK TO IMPROVE EDUCATION AND TRAINING FOR ALL HEALTH PROFESSIONALS.”

– Dr. Stephen Anderson

We’re asking all UK medical schools to follow Scotland’s example. Learn more about the campaign below.

WHY MEDICAL TRAINING?

SO WHAT'S NEXT?

We're looking to the future – and we hope you'll help us out!

“WE’VE FORGED SO MANY GREAT RELATIONSHIPS THIS YEAR, IN THE WORLD OF POLITICS AND EDUCATION AND IN THE COMMUNITY TOO. WE’RE EXCITED TO KEEP WORKING WITH OUR NEW PARTNERS AND MAKE A DIFFERENCE TO PEOPLE WITH EATING DISORDERS IN SCOTLAND – TOGETHER.”

– Emma Broadhurst, NATIONAL OFFICER FOR SCOTLAND

Did you know?

Scotland now has its own Helpline!
[0808 801 0432](tel:08088010432) | Scotlandhelp@beateatingdisorders.org.uk