

BEYOND THE SYMPTOMS



FREE

Eating Disorder Training for Healthcare Staff

Our CPD-accredited training course is delivered by an experienced eating disorder clinician and includes the voices of our lived experience volunteers. It's intended for any healthcare professional, who is not a specialist, but wants to be better equipped to spot the signs of an eating disorder and support patients presenting with symptoms of one.

"Fantastic training that all staff working with patients should do."

-Community Mental Health Nurse, attended April 2025

Available to staff with patients in the following areas:

Barking, Dagenham, City and Hackney, Havering, Newham, Redbridge, Tower Hamlets, and/or Waltham Forest.

Participants can choose to complete the training virtually (in 1 day, or 2 halves a week apart) or in person.

Virtual

Mondays 12th & 19th May, 1pm-4:30pm

Tuesdays 13th & 20th May, 9:30am-1pm

Tuesday 3rd June, 9:30am-4:30pm

Thursday 19th June, 9:30am-4:30pm

Fridays 1st & 8th August, 9:30am-1pm

Via Zoom (details sent to attendees the week the training commences).

In Person

Thursday 22nd May, 10am-5pm*

Tuesday 3rd June, 10am-5pm+

Wednesday 9th July, 10am-5pm*

Monday 29th September, 10am-5pm+

+Boathouse Studios, Barking, IG11 7BT

*Stratford, Venue tbc.

Book Now

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bit.ly/BTS_NELFT

or scan the QR code:

