



# BEYOND THE SYMPTOMS

FREE

## Eating Disorder Training for Healthcare Staff

Our CPD-accredited training course is delivered by an experienced eating disorder clinician and includes the voices of our lived experience volunteers. It's intended for any healthcare professional, who is not a specialist, but wants to be better equipped to spot the signs of an eating disorder and support patients presenting with symptoms of one.

### 2026 Dates

- Tuesday 19 May, 9:30-16:30
- Thursday 21 May, 9:30-16:30
- Tuesdays 2 and 9 June, 9:30-16:30
- Wednesday 24 June, 9:30-16:30
- Thursday 16 July, 9:30-16:30

### Format

Virtual, delivered via Zoom with PDF workbook to accompany it.

### Book Now

Enter this URL into your browser:

[bit.ly/scotbts27](https://bit.ly/scotbts27)

or scan the QR code opposite:

*"Honestly, this has been one of the most insightful, reflective, training sessions I have ever participated in - and I've been in nursing since 1988."*

- Community Public Health Nurse,  
attended 2025

