

# BRIDGING THE GAP

FREE

## Eating Disorder Training for University Staff



University is an exciting time, but it can also be a time of significant change and pressure. Students who are vulnerable can develop an eating disorder; students who already have one may find it gets worse. The university environment can mask symptoms and make it harder for students to stay connected to treatment services and their support network.

Bridging the Gap training is specifically designed to tackle these issues by increasing knowledge in University Staff. Delegates will learn skills to increase the chances of early detection and prevent students falling through the gaps.

*"This has been one of the most informative and useful training I have been on, and I'm so grateful."*

- Student Adviser, attended Oct 2025

### Where

Virtual, via Zoom.

### When

9:30am - 4:30pm. Choice of date:

- Wednesday 28 January 2026
- Thursday 5 February 2026
- Wednesday 11 February 2026
- Thursday 5 March 2026
- Tuesday 10 March 2026
- Thursday 12 March 2026
- Friday 27 March 2026

### Book Now

Via this URL:

[bit.ly/BTGtraining](https://bit.ly/BTGtraining)

or scan the QR code:



### Questions?

Contact us via email:

[training@beateatingdisorders.org.uk](mailto:training@beateatingdisorders.org.uk)