Beat
Eating disorders

Below are common decisions that we hear about from our service users and have worked with them to challenge these to ensure they are getting the support, information, and treatment that guidelines say they should be receiving.

Please note that this list is not exhaustive and our advocacy team review decisions on a case-by-case basis. Therefore, if the decision you have experienced is not represented by the below categories, we may still be able to support you.

1. My GP hasn't referred me to an eating disorder service
2. The eating disorder service has denied me an assessment
3. The eating disorder service assessed me but won't treat me
4. The different services I'm in or need aren't working together
5. I'm moving from children's to adults' services and haven't been offered any or enough support
6. I'm moving to another area and haven't been offered enough or any support
7. I'm moving to inpatient care and haven't been offered any or enough transition support
8. I'm leaving inpatient care and haven't been offered any or enough transition support
9. I'm not receiving recommended treatment
10. I'm being discharged and haven't received information about it
11. My protected characteristics aren't being considered in services
12. I haven't had the opportunity to share my views about my care
13. I have been offered weight loss medication instead of psychological support for my eating disorder
14. I've not been offered information or support related to my loved one's eating disorder