EATING DISORDERS TRAINING FOR HEALTH AND SOCIAL CARE PROFESSIONALS

FREE

(Formerly Beyond the Symptoms)

Eating disorders can affect every system in the body, but someone might approach a healthcare professional about apparently unrelated symptoms not realising that an eating disorder is the cause. It is crucial that professionals can recognise those symptoms.

Delivered by eating disorder clinicians with extensive experience in the field and including the perspectives of those with lived experience, this is a CPD-accredited training programme that aims to help you identify when a patient has an eating disorder and confidently intervene early.

Upcoming Sets

- Thursdays 15th and 22nd October, 1:00pm-4:30pm
- Monday 19th October, 9:30am-4:30pm
- Fridays 6th and 13th November, 9:30am-1:00pm

"Honestly, this has been one of the most insightful, reflective, training sessions I have ever participated in - and I've been in nursing since 1988."

- Community Public Health Nurse, attended 2025

Format

Virtual, delivered via Zoom with PDF workbook to accompany it.

Book Now

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bit.ly/scotbts27
or scan the QR code opposite:

CPD The CPD Certification Service

Beat Eating disorders

Scottish Government Riaghaltas na h-Alba