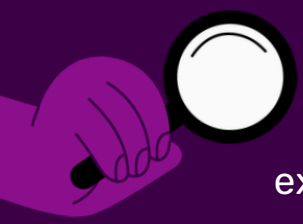
Eating disorder training for secondary school and college professionals



FREE

Our CPD-accredited training course is delivered by an experienced eating disorder clinician and includes the voices of our lived experience volunteers. It's intended for any secondary school or college student-facing professional, who wants to be better equipped to spot the signs of an eating disorder and support pupils presenting with symptoms of one.

"Aside from the compelling topic, the whole day just left me feeling empowered and made me feel something that most training courses don't – that I can help the young people in my care with very little if any extra workload or sense of dread."
Attendee 2026

Dates

- Thursday 10th December, 9:30am-4:30pm
- Monday 18th January, 9:30am-4:30pm
- Friday 12th February, 9:30am-4:30pm
- Monday 15th March, 9:30am-4:30pm

Format

Held in person at a venue in Widnes. Full details sent upon completion of booking.

How to book

1. Create your account on our Eating Disorder Hub for Education Professionals.
2. Email the team here with your chosen date, mobile number and any accessibility requirements.
3. We'll then book your place and send a confirmation email.

CPD
The CPD Certification Service

Beat
Eating disorders