

# SPOTTING THE SIGNS

## Beat's Eating Disorder Training for School Professionals

While eating disorders can affect anyone of any age, school-age children are a particularly vulnerable group, and potential factors in an eating disorder's development, such as trouble with peers and academic pressure, can appear in the school environment.

School staff are ideally placed to spot the early signs of an eating disorder. Spotting the Signs is designed to enable you to help pupils into treatment quickly.

### Where & When

King Edward VI Grammar School,  
Broomfield Rd, Chelmsford, CM1 3SX.

All sessions run from 09:30 - 16:30.

### Dates\*

- Thursday, 24th October, 2024
- Wednesday, 20th November, 2024
- Tuesday, 14th January, 2025

\*Up to two staff members per school can book onto each date - please check with your colleagues if you think others from the same school are planning on attending.

### Book Now

Via our website at  
<https://bit.ly/stschelmsford> or  
scan the QR code below.

