UNDERSTANDING EATING DISORDERS TRAINING



Our introductory CPD-accredited training for professionals will provide you with an understanding of eating disorders in the UK and the impact they can have on people's day-to-day lives.

We cover risk factors, and early warning signs and symptoms of various eating disorders, as well as our guidance and information on signposting someone to support. We conclude with the opportunity to submit your own questions to our Trainer for advice and insight.

The course is funded by the Scottish Government and is free to professionals working in Scotland. Booking is essential.

"This training was incredibly informative and delivered clearly and concisely. I feel a lot more empowered to act upon concerns now."

Dates

All sessions run 10:00-12:00.

- Tuesday 1 December 2026
- Tuesday 15 December 2026
- Monday 11 January 2027
- Wednesday 13 January 2027

Format

Virtually, via Zoom.

Book Now

Via this URL:
bit.ly/ScotUED
or scan the QR code below.

Scottish Government
Riaghaltas na h-Alba

Beat
Eating disorders

CPD MEMBER
The CPD Certification Service