

EBE Recruitment Roadmap

1 Information Session (Zoom, 60 mins)

Learn about the project, your role, and next steps in the recruitment process. This session is not reimbursed.

2 Expression of Interest Form (online form)

Share a bit about yourself, why you'd like to take part, and how you'll look after your wellbeing. You'll have one week after the information session to complete this. This helps us check the project is a good fit and that everyone can take part safely.

3 Informal Discussion (Teams, 45 mins)

An informal chat with a member of the co-production team (not an interview) to get to know you, talk more about the role, create a support plan and share your access requirements. These take place over two weeks following shortlisting from the Expression of Interest.

4 Consent forms and Wellbeing Disclosure

You'll complete consent forms confirming that Beat has clearly explained the project tasks, outlining the payment process, and explaining how your data will be stored and used anonymously in line with GDPR guidelines. You'll also complete a wellbeing disclosure to confirm you understand the potential impact on your wellbeing and that you can pause or leave the process at any time, as your wellbeing is our top priority.

What is a support plan?

You will create a support plan with a member of the co-production team to support you in taking part in panels. This is not a support group, and we do not provide ongoing eating-disorder support. The plan sets out when and how the team will check in with you (before and/or after panels, via Teams or email).

5 Training Session (Zoom, 60 mins)

Meet other panel members, learn how to share your story safely using Beat's guidelines, and agree how you'd like to work together as a panel. You'll be paid £27.50 for this session. The first panel meeting will take place a few weeks after training.

