



All-Party Parliamentary Group  
on Eating Disorders

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# Short-changed:

Funding for children and  
young people's community  
eating disorder services in  
England in 2019/20



May 2021

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# Executive summary

In 2019/20 NHS England provided Clinical Commissioning Groups (CCGs)<sup>i</sup> with an extra £11m in additional funding for children and young people's community eating disorder services in England (above 2018/19 levels). To investigate whether this reached frontline services and variation across the country, this report assesses investment in these services in 2018/19 and 2019/20.

Each year since 2015/16 NHS England has allocated what it has described as 'additional' funding to CCGs for children and young people's community eating disorder services. It has described this funding as being "*in addition to existing resources already used to support Eating Disorders*".

In 2019/20 NHS England provided a total of £41m in such additional funding to CCGs for these services. Despite this, **in 2019/20 41% of CCGs spent less on children and young people's community eating disorder services in total than the amount of 'additional' funding they had received from NHS England.**

The additional funding allocated to CCGs in 2019/20 represented an increase of £11m from 2018/19. Despite this, **total spending on these services increased by just £1.1m.**

**A fifth (21%) of CCGs actually spent less on children and young people's community eating disorder services in 2019/20 than in 2018/19. Only 15% increased their spend in line with the increase in additional funding they had received for these services.**

These findings are very concerning, both because this funding was allocated under the *NHS Long Term Plan* to help these services cope with increasing referrals, and because demand is rising and is anticipated to rise even further due to COVID-19.

**Spending per capita (0-17 year old) on children and young people's community eating disorder services in 2019/20 varied widely across the country. Whilst the median average spend was £4 per capita, 7 CCGs reported a spend of less than £2 per capita.** Such geographic variation is concerning as 2019/20 marked the fourth year since implementation of the *Access and Waiting Time Standard for Children and Young People with an Eating Disorder* began, with a key aim being to end the postcode lottery in service provision.

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i. Clinical Commissioning Groups (CCGs) are the NHS organisations responsible for planning and purchasing community eating disorder services in England.

# Recommendations

- Clinical Commissioning Groups (CCGs) should ensure the additional funding they are allocated for children and young people's community eating disorder services is actually used as additional spend on these services.
- NHS England's national and regional teams, Integrated Care Systems, local authorities and others should utilise data - including the data featured in this report - to challenge CCGs that fail to invest sufficiently in children and young people's community eating disorder services.
- The Government should hold NHS leaders in England accountable for ensuring that the additional funding provided for children and young people's community eating disorder services is spent as intended.
- The Government should commission and fully fund a long term workforce strategy for the NHS in England that includes actions to ensure all eating disorder services can recruit, train and retain the staff they need.

# Introduction

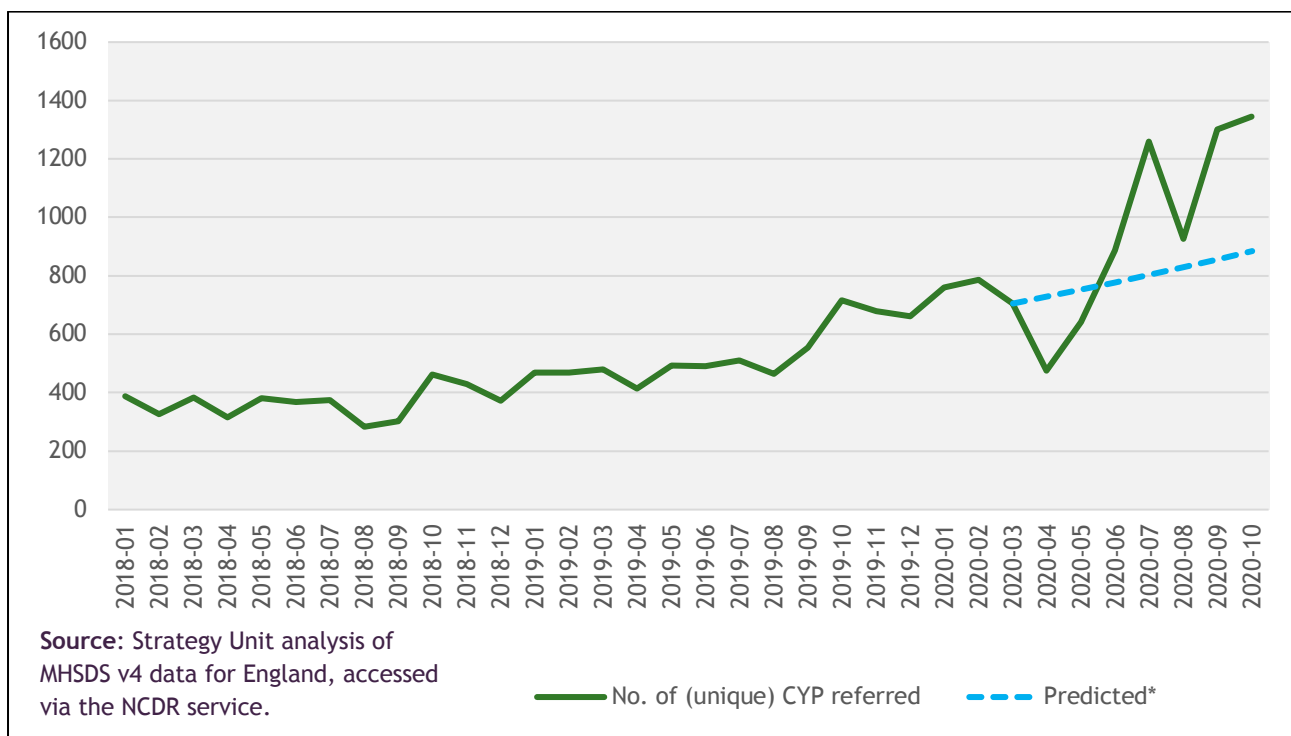
This report assesses levels of investment in children and young people's community eating disorder services in England in 2018/19 and 2019/20. It investigates whether increases in the additional funding allocated to Clinical Commissioning Groups (CCGs) (the NHS organisations in England responsible for planning and purchasing community eating disorder services) for 2019/20 has reached frontline services, and how spending has varied between areas.

Since 2015/16 CCGs have received additional funding each year from NHS England with the aim that they can commission services that meet the *Access and Waiting Time Standard for Children and Young People with an Eating Disorder*<sup>1;2</sup>. Commissioning guidance published by NHS England set expectations around access, capacity and quality of services including creating new referral pathways, ensuring that treatment is provided by appropriately trained and staffed multi-disciplinary teams (with psychiatric or other medical input) and working in partnership with children, young people, and families<sup>2</sup>.

Overall, there has been major improvement in access to treatment for eating disorders and in waiting times, for children and young people<sup>3</sup>. Since 2016/17 the number of children and young people (up to the age of 19) accessing treatment has increased by 53%, rising from 5243 to 8034 in 2019/20. In 2019/20 77% of urgent cases started treatment within the target of 1 week from referral and 85% of routine referrals started treatment within the target of 4 weeks. This compares to 65% of urgent cases and 73% of routine cases starting treatment within the respective target timeframes in 2016/17. However, the available data reveals wide geographic variation across England<sup>3;4</sup>.

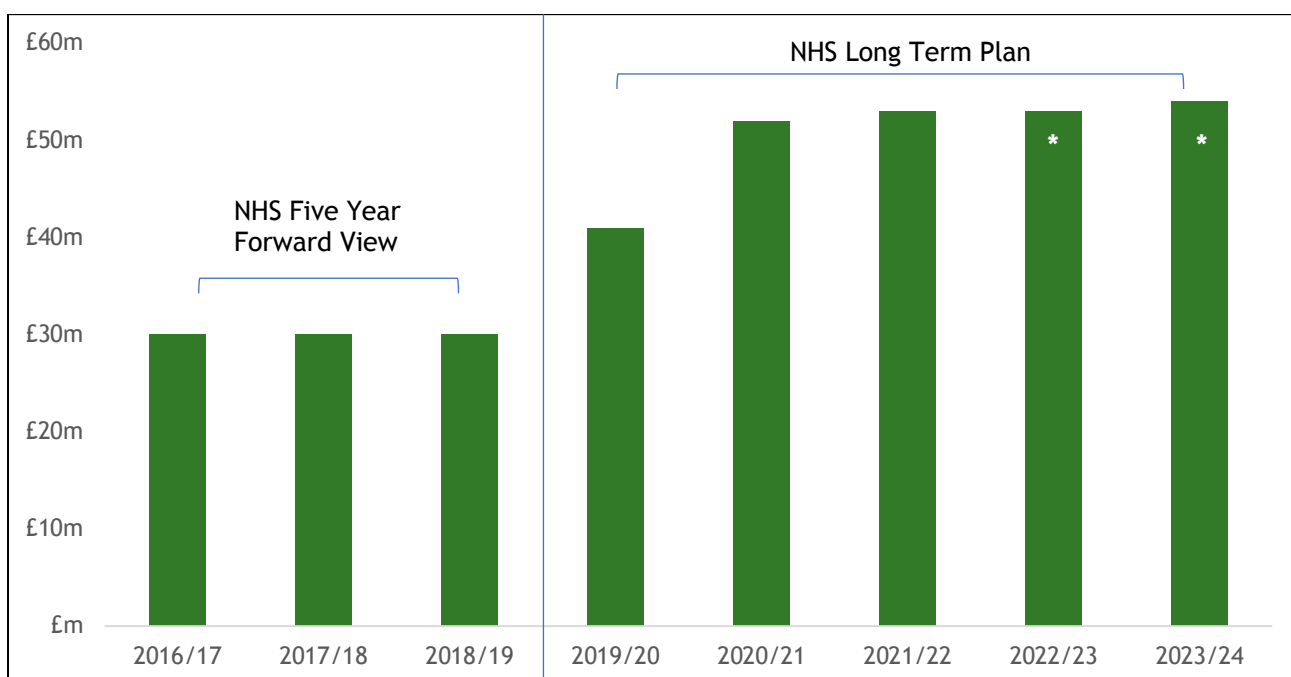
As the number and capacity of these specialist services have increased, they have received far more referrals than had originally been expected and commissioned for (see figure 1)<sup>5;6</sup>. Under the *Five Year Forward View for Mental Health* additional funding for children and young people's community eating disorder services in England was planned to remain at £30m per year from 2016/17 to 2020/21<sup>1</sup>. As part of the *NHS Long Term Plan*, NHS England recognised the increasing demand and increased the level of additional funding for 2019/20 by £11m (so from £30m to £41m) and by a further £11m for 2020/21 (to £52m) with further incremental yearly increases based on inflation rates planned from 2021/22 (see figure 2)<sup>7;8</sup>.

**Figure 1. Unique referrals of 0-18 year olds (at time of referral) made to community eating disorder services in England, by month, including predicted referrals per month for March-October 2020<sup>ii</sup>**



Note: CYP = Children and young people. \*Growth estimate based on period January 2018 to February 2020

**Figure 2. Allocations of ‘additional’ funding from NHS England to CCGs for children and young people’s community eating disorder services from 2016/17–2023/24<sup>7;8</sup>**



Note: This funding was to build on pre-existing investment in these services. \*These funding amounts are indicative at this stage.

ii. The data in Figure 1 relates to distinct patients aged 0-18 years old (at time of referral) referred to any community eating disorder service in England in any month. These services were defined in this analysis using the C09 and C10 team type codes - [https://datadictionary.nhs.uk/attributes/service\\_or\\_team\\_type\\_for\\_mental\\_health.html](https://datadictionary.nhs.uk/attributes/service_or_team_type_for_mental_health.html). The above data may therefore exclude referrals for children and young people with new eating disorder diagnoses that were referred to teams other than community eating disorder services. The actual number of referrals may be higher as the same patient at the same time can be referred by multiple sources to the same team. Predicted values extrapolated using the Microsoft Excel growth function and with the period January 2018 through February 2020 as known values. The data in Figure 1 was kindly supplied pro-bono by The Strategy Unit, which is part of NHS Midlands and Lancashire Commissioning Support Unit.

# Data analysis

We assessed investment in children and young people’s community eating disorder services in England in 2018/19 and 2019/20, at national, regional and Clinical Commissioning Group (CCG) levels. This analysis investigated the following:

- Spend in 2019/20 compared to the ‘additional’ funding
- Change in spend from 2018/19 to 2019/20
- Spend per child and young person (0-17 year olds<sup>iii</sup>) in 2019/20

Data on spending was sourced from the NHS Mental Health Dashboard, which is published by NHS England<sup>9</sup>. The financial data within this source is reported to NHS England by CCGs. Corrections were made to spending figures for a small number of CCGs, after they identified errors in their original reporting (see Appendices A and B). To put the spending data into context it was analysed alongside the following:

- NHS funding allocations made to CCGs for ‘core’ services (i.e., excluding primary care and specialised services) in 2018/19 and 2019/20, published by NHS England<sup>10;11</sup>
- Population estimates for CCGs in (mid-year) 2019, published by the Office for National Statistics<sup>12</sup>

On 1 April 2019, the number of CCGs decreased from 195 to 191 due to mergers, while the number of NHS regions increased from 5 to 7<sup>13</sup>. These changes have been accounted for when calculating the spend in 2018/19 to enable comparison with 2019/20.

## Limitations

Some CCGs were unable to calculate and report how much they spent on children and young people’s community eating disorder services in one or both of the two financial years. In 2019/20 this applied to 14 CCGs (7%). To enable analysis of spending at the national and NHS region levels, average per capita figures have been imputed for these CCGs. For more information on missing data, estimating total national and NHS region-level spend, and the reliability of financial data published in the NHS Mental Health Dashboard, please see Appendix B.

COVID-19 caused disruption to data collection and reporting which may have led to some spending on children and young people’s community eating disorder services being incorrectly coded. However, there is no warning to this effect in the NHS Mental Health Dashboard Q4 2019/20 itself, and the total reported spend for 2019/20 was very close to the total planned spend reported in December 2019 (see page 7)<sup>9</sup>.

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iii. NHS England has described the Access and Waiting Time Standard for Children and Young People with an Eating Disorder as applying to “...children and young people from age 8 to 18 years...”<sup>2</sup> and separately as “up to the age of 19”<sup>3</sup>. In practice many children and young people’s community eating disorder services are not established to provide treatment for 18 year olds.

# Findings

## Spend in 2019/20 compared to the ‘additional’ funding

Of the 172 CCGs with available data (out of 191), 71 (41%) spent less in total on children and young people’s community eating disorder services in 2019/20 than the amount of ‘additional’ funding they received from NHS England for these services<sup>iv</sup>. Four CCGs’ total spend amounted to less than half of the ‘additional’ funding they had been allocated for these services.

In *Implementing the Five Year Forward View for Mental Health*<sup>1</sup>, NHS England stated that “Additional funding should not be seen in isolation and should not be used to supplant existing spend or balance reductions elsewhere” (p.4). While this statement related to all mental health services, on its website NHS England describes such funding as being “in addition to existing resources already used to support Eating Disorders”<sup>5</sup>.

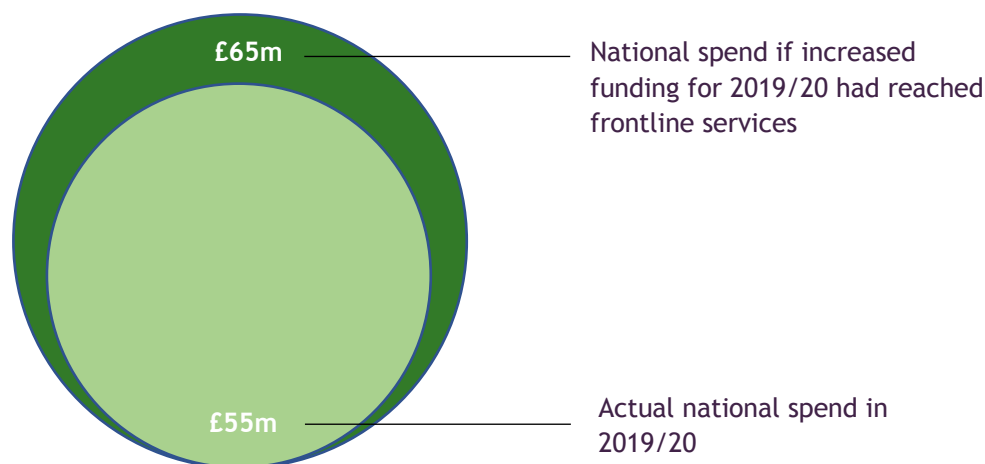
## Change in spend from 2018/19 to 2019/20

In 2019/20 NHS England allocated a total of £41m in additional funding to CCGs for these services. This was an increase of £11m from 2018/19 (see figure 2).

Despite this, **total spending by CCGs on children and young people’s community eating disorder services increased by just £1.1m** (from around £54m in 2018/19 to £55m in 2019/20). At just 10% of the additional funding provided, this increase is cancelled out after adjusting for inflation, meaning the total spend flatlined in real terms<sup>14</sup>. At the start of 2019/20 CCGs planned to spend a total of around £55m.

If the increase in funding allocated by NHS England for 2019/20 had reached frontline services, then at the national level, **total spend would have reached around £65m** (as illustrated in figure 3 below).

**Figure 3. Estimated national spend in 2019/20 alongside the total required for the increase in funding allocated to CCGs (above the 2018/19 baseline) to reach frontline services**



**Thirty five CCGs (21%) actually reduced their spend in 2019/20** compared to the previous year, with **nine (6%) spending the same amount** in both years.

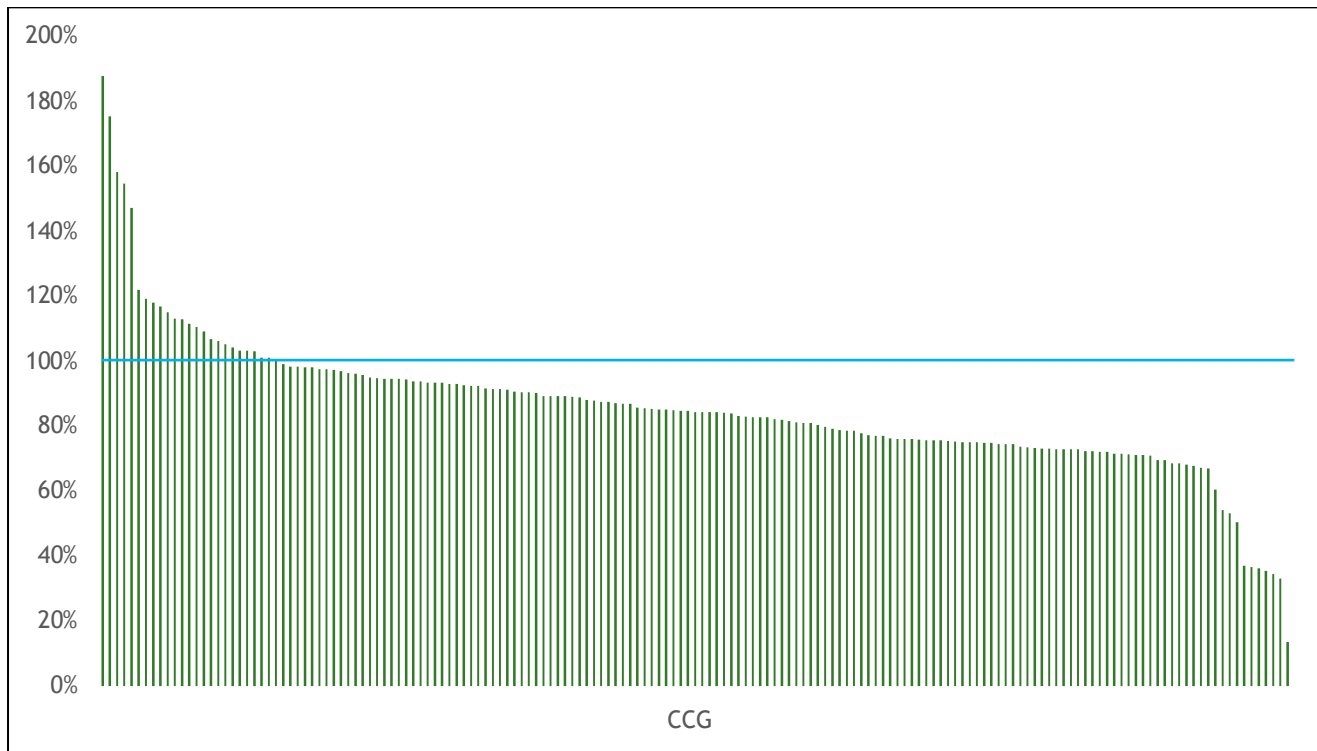
Some CCGs reported extreme differences in spend from 2018/19 to 2019/20 that suggest some may have submitted inaccurate data, or that these CCGs may have made changes to how they define spending on these services during this time. Some CCGs may have reduced or increased their spend intentionally, but in some cases this will be the result of difficulties in recruiting and retaining staff, which can be a particularly serious challenge for services in some areas<sup>4</sup>.

iv. These calculations are based on an estimation of how the total of £41m ‘additional’ funding allocated for children and young people’s community eating disorder services was shared between CCGs in 2019/20, as explained in Appendix B.



Figure 4 below shows how much CCGs spent in 2019/20 on these services as a proportion of how much they would have needed to spend to ensure that the increased funding they had been allocated reached frontline services. The horizontal line on this graph highlights this level. **In 2019/20 only around 15% of CCGs increased their spending in line with the increase in additional funding they had been allocated from NHS England.** Around seven CCGs (4%) spent less than half such a level.

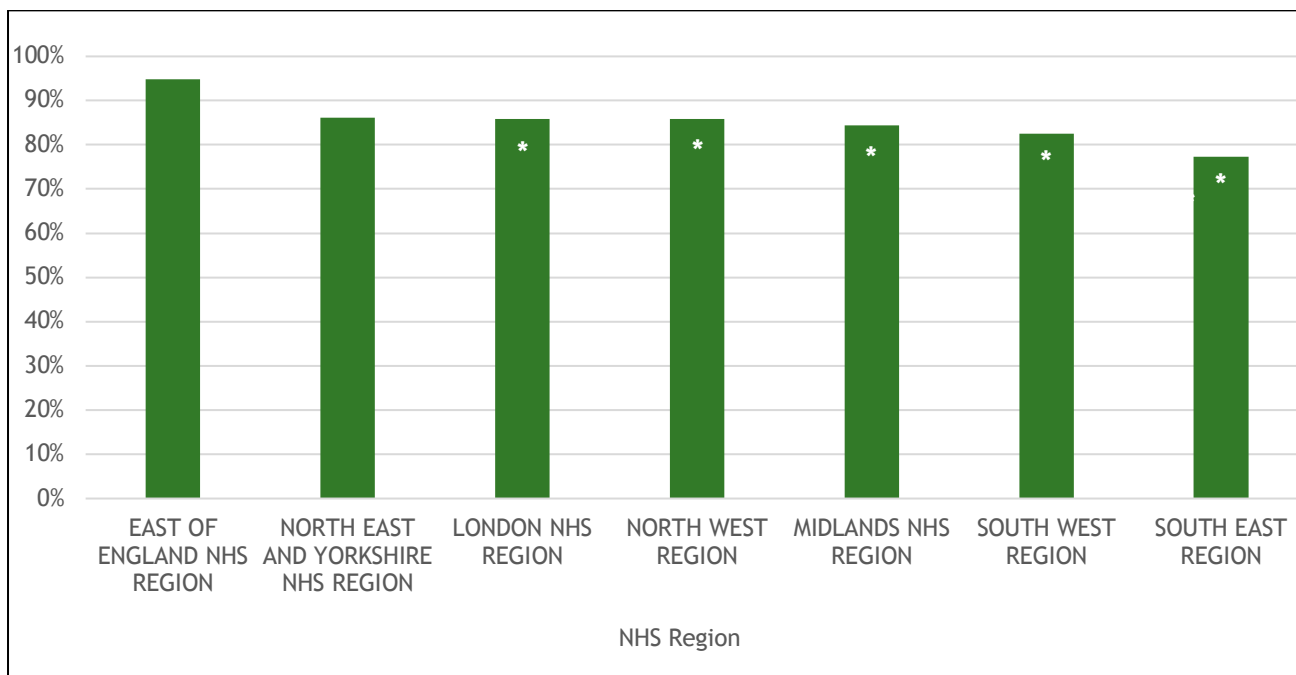
**Figure 4. Spending on children and young people’s community eating disorder services by CCGs in 2019/20, as an estimated proportion of spend required to ensure the increase in funding reached frontline services<sup>v</sup>**



Increasingly leadership of the NHS in England is overseen at the regional level. CCG data can be grouped together to investigate whether the increased funding reached frontline services at this level. Figure 5 illustrates that this was not the case for any of the NHS regions, with total spend in 2019/20 estimated to have varied between 77% and 95% of the level required to ensure the increased funding reached frontline services. However, the ability to reliably compare spend between regions is limited by missing data (see Appendices A and B).

v. This is based on the 165 CCGs (86%) for whom sufficient data was available to make this calculation (see Appendices A and B).

**Figure 5. Spending on children and young people’s community eating disorder services at the NHS region level in 2019/20, as an estimated proportion of spend required to ensure the increase in funding reached frontline services<sup>iv</sup>**



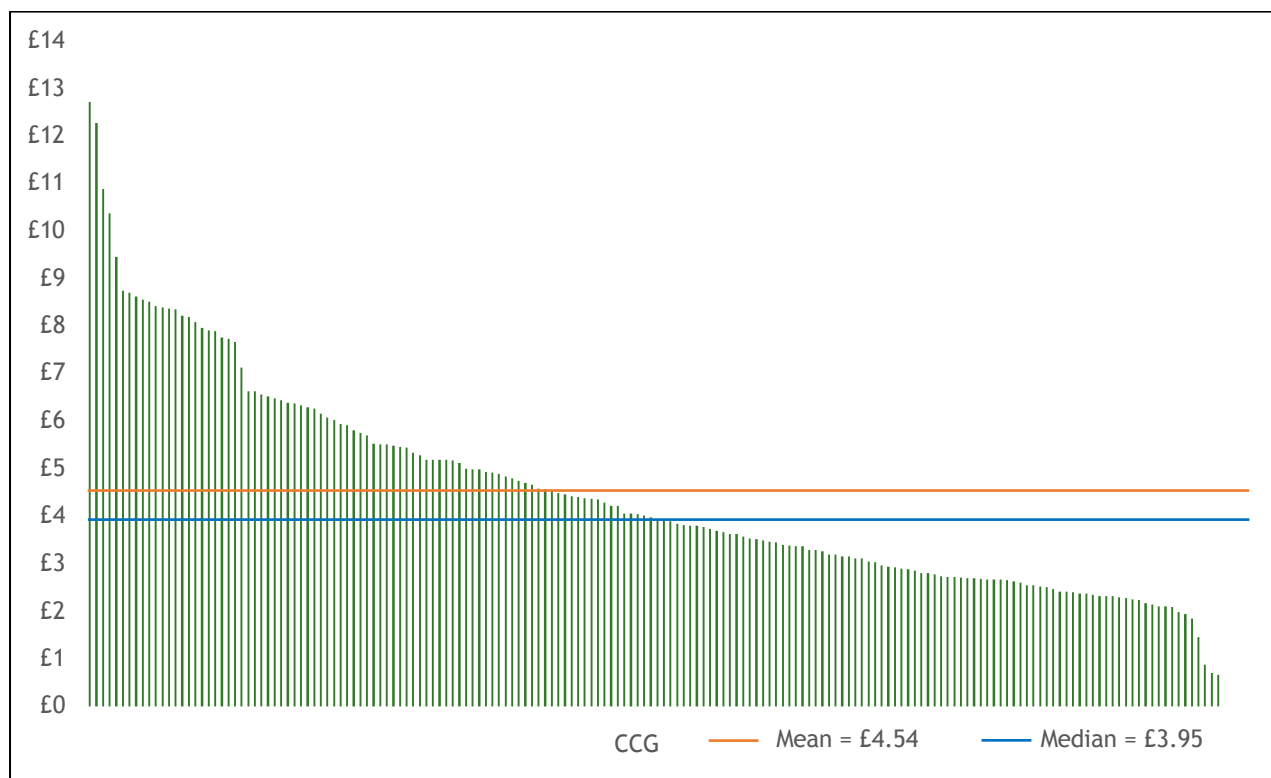
\* One or more CCGs did not report data, so average per capita spending data were imputed (see Appendix B).

### **Spend in 2019/20 per capita (0-17 year old)**

Accounting for the different population sizes<sup>12</sup> of the CCGs shows significant variation in spend per 0-17 year old<sup>iii</sup> in 2019/20 (see Figure 6)<sup>vi</sup>. Whilst the median average spend was £4 per capita, 7 CCGs reported a spend of less than £2 per capita.

Some variation in spending between areas is expected, as their costs will vary. This was especially true in the first few years after publication of the *Access and Waiting Time Standard*, as when this was published many places had no community eating disorder service for children and young people, whereas some already had well established service provision. However, the geographic variation illustrated in figure 6 is very concerning as 2019/20 is the fourth year since implementation of the *Access and Waiting Time Standard*<sup>2</sup> began, and the year before it was due to have been fully adopted, with a key aim of this programme being to end the postcode lottery in service provision.

Figure 6. Spending on children and young people's community eating disorder services per capita (0-17 year old<sup>iii</sup>) by CCG in 2019/20<sup>vi</sup>



Data on spending for CCGs and NHS regions can be found in Appendix A.

vi. This is based on the 172 CCGs (90%) for whom sufficient data was available (see Appendices A and B).

## Conclusions and recommendations

There has been significant investment in children and young people's community eating disorders services in England since 2015/16. This has enabled major improvement in access to evidence-based treatment, whilst significantly reducing waiting times. It is crucial that this momentum is not lost.

In 2019/20 around 41% of CCGs spent less in total on children and young people's community eating disorder services than the amount of 'additional' funding they had been allocated by NHS England for these services.

Total spending on these services increased by just £1.1m between 2018/19 and 2019/20, despite CCGs having been allocated an extra £11m in funding for these services in 2019/20 as part of the first year of the *NHS Long Term Plan*.

A fifth (21%) of CCGs actually spent less on children and young people's community eating disorder services in 2019/20 than in 2018/19. Only around 15% of CCGs increased their spend in line with the increase in additional funding they had received for these services.

These findings are very concerning, as this increase in funding was allocated by NHS England to help services cope with increasing referrals. Demand for these services is rising and is anticipated to rise even further due to COVID-19, meaning that it is now more important than ever that additional funding allocated to CCGs for eating disorder services is spent as intended.

It is also concerning that spending per capita still varies significantly across the country.

- Clinical Commissioning Groups (CCGs) should ensure the additional funding they are allocated for children and young people's community eating disorder services is actually used as additional spend on these services.
- NHS England's national and regional teams, Integrated Care Systems, local authorities and others should utilise data - including the data featured in this report - to challenge CCGs that fail to invest sufficiently in children and young people's community eating disorder services.
- The Government should hold NHS leaders in England accountable for ensuring that the additional funding provided for children and young people's community eating disorder services is spent as intended.

Challenges in recruiting and retaining staff are well-documented in mental health services, including within community eating disorder services. It is likely that this has contributed to some CCGs reducing their spend or failing to spend the full amount they had planned.

- The Government should commission and fully fund a long term workforce strategy for the NHS in England that includes actions to ensure all eating disorder services can recruit, train and retain the staff they need.

# Appendix A: CCG and NHS region-level data

## CCG-level data

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS AIREDALE, WHARFEDALE AND CRAVEN CCG	£84,000	£30,960	£84,000	0%	£116,016	72%	£2.47
NHS ASHFORD CCG	£72,628	£22,657	MISSING	MISSING DATA	£83,181	MISSING DATA	MISSING DATA
NHS BARKING AND DAGENHAM CCG	£156,156	£43,482	£162,000	13%	£157,814	103%	£2.55
NHS BARNET CCG	£4,963	£74,384	MISSING	MISSING DATA	£274,799	MISSING DATA	MISSING DATA
NHS BARNSELY CCG	£146,577	£56,246	£229,000	147%	£208,817	110%	£4.48
NHS BASILDON AND BRENTWOOD CCG	£266,000	£51,864	£280,000	27%	£193,036	145%	£4.67
NHS BASSETLAW CCG	£121,000	£23,494	£122,000	4%	£88,083	139%	£5.19
NHS BATH AND NORTH EAST SOMERSET CCG	£98,000	£35,150	£97,714	0%	£130,661	75%	£2.70
NHS BEDFORDSHIRE CCG	£251,000	£86,042	£226,762	0%	£316,304	72%	£2.17
NHS BERKSHIRE WEST CCG	£768,000	£86,066	£952,427	214%	£319,078	298%	£8.43
NHS BEXLEY CCG	£134,194	£46,377	£137,564	7%	£171,386	80%	£2.41
NHS BIRMINGHAM AND SOLIHULL CCG	£1,453,000	£237,949	£1,588,000	57%	£892,908	178%	£5.51
NHS BLACKBURN WITH DARWEN CCG	£198,000	£33,909	£207,000	27%	£126,351	164%	£5.34
NHS BLACKPOOL CCG	£104,608*	£47,446	£107,996	7%	£154,684	70%	£3.70
NHS BOLTON CCG	£269,000	£60,534	£277,000	13%	£227,457	122%	£4.05
NHS BRADFORD CITY CCG	£57,000	£27,233	£60,000	11%	£88,445	68%	£2.25
NHS BRADFORD DISTRICTS CCG	£170,000	£66,759	£180,000	15%	£242,840	74%	£1.98
NHS BRENT CCG	£95,000	£64,026	£150,597	87%	£236,862	64%	£1.94
NHS BRIGHTON AND HOVE CCG	£240,533	£55,752	£250,956	19%	£206,996	121%	£4.99
NHS BRISTOL, NORTH SOMERSET AND SOUTH GLOUCESTERSHIRE CCG	£458,000*	£175,044	£462,266*	2%	£648,937	71%	£2.35
NHS BROMLEY CCG	£350,081	£66,560	£389,550	59%	£244,246	159%	£5.20
NHS BUCKINGHAMSHIRE CCG	£256,000	£90,912	£338,000	90%	£338,930	100%	£2.68
NHS BURY CCG	£112,000	£38,409	£146,000	89%	£144,773	101%	£3.37

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS CALDERDALE CCG	£107,000	£41,864	£111,000	10%	£157,337	71%	£2.41
NHS CAMBRIDGESHIRE AND PETERBOROUGH CCG	£612,000	£153,495	£628,000	10%	£571,562	110%	£3.20
NHS CAMDEN CCG	£431,000	£52,422	£570,645	266%	£199,704	286%	£10.89
NHS CANNOCK CHASE CCG	£176,878	£25,136	£223,290	185%	£94,299	237%	£8.19
NHS CANTERBURY AND COASTAL CCG	£154,022	£40,442	MISSING	MISSING DATA	£149,357	MISSING DATA	MISSING
NHS CASTLE POINT AND ROCHFORD CCG	£220,000	£34,490	£221,172	3%	£128,928	172%	£6.44
NHS CENTRAL LONDON (WESTMINSTER) CCG	£985,000	£38,802	£139,267	0%	£148,762	94%	£4.05
NHS CHORLEY AND SOUTH RIBBLE CCG	£97,000	£35,796	£99,000	6%	£133,940	74%	£2.67
NHS CITY AND HACKNEY CCG	£237,382	£59,967	£207,000	0%	£219,774	94%	£3.16
NHS COASTAL WEST SUSSEX CCG	£399,496	£106,000	£421,000	20%	£393,832	107%	£4.37
NHS CORBY CCG	£41,608*	£15,168	£87,837*	305%	£55,598	158%	£4.93
NHS COVENTRY AND RUGBY CCG	£503,000	£91,860	£220,000	0%	£335,840	66%	£2.11
NHS CRAWLEY CCG	MISSING	£24,376	£97,220	MISSING DATA	£92,013	106%	£3.57
NHS CROYDON CCG	£81,000	£74,942	£83,015	3%	£277,325	30%	£0.87
NHS DARLINGTON CCG	£148,503	£21,823	£182,117	154%	£82,793	220%	£8.08
NHS DARTFORD, GRAVESHAM AND SWANLEY CCG	MISSING	£49,692	MISSING	MISSING DATA	£180,830	MISSING DATA	MISSING
NHS DERBY AND DERBYSHIRE CCG	£834,672	£203,127	£834,672	0%	£759,955	110%	£4.02
NHS DEVON CCG	£1,539,030	£235,640	£1,744,217	87%	£884,353	197%	£7.74
NHS DONCASTER CCG	£173,000	£66,113	£182,000	14%	£248,624	73%	£2.72
NHS DORSET CCG	£1,488,000	£155,313	£1,200,000	0%	£581,257	206%	£8.37
NHS DUDLEY CCG	£208,342	£62,343	£210,560	4%	£235,157	90%	£3.03
NHS DURHAM DALES, EASINGTON AND SEDGFIELD CCG	£261,254	£67,350	£349,031	130%	£252,753	138%	£6.33
NHS EALING CCG	£435,320	£71,919	£450,488	21%	£273,191	165%	£5.48
NHS EAST AND NORTH HERTFORDSHIRE CCG	£445,000	£109,194	£605,000	147%	£406,102	149%	£4.80
NHS EAST BERKSHIRE CCG	£656,501	£76,855	£687,958	41%	£286,635	240%	£6.38
NHS EAST LANCASHIRE CCG	£729,000	£79,675	£749,737	26%	£302,977	247%	£8.71
NHS EAST LEICESTERSHIRE AND RUTLAND CCG	£409,466	£54,859	£433,911	45%	£206,098	211%	£6.27

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS EAST RIDING OF YORKSHIRE CCG	£266,500	£57,158	£276,901	18%	£215,589	128%	£4.71
NHS EAST STAFFORDSHIRE CCG	£123,913	£24,572	£145,774	89%	£90,563	161%	£5.19
NHS EAST SURREY CCG	£245,000	£33,884	£239,000	0%	£126,032	190%	£5.53
NHS EASTBOURNE, HAILSHAM AND SEAFORD CCG	MISSING	£40,920	MISSING	MISSING DATA	£150,906	MISSING DATA	MISSING
NHS EASTERN CHESHIRE CCG	£158,508	£37,544	£165,374	18%	£141,328	117%	£4.22
NHS ENFIELD CCG	£55,181	£61,610	£58,829	6%	£228,449	26%	£0.70
NHS FAREHAM AND GOSPORT CCG	£266,833	£36,567	£208,000	0%	£136,033	153%	£5.28
NHS FYLDE & WYRE CCG	£91,000	£53,253	£172,057	152%	£144,830	119%	£5.00
NHS GLOUCESTERSHIRE CCG	£399,165	£112,813	£187,799	0%	£421,152	45%	£1.46
NHS GREAT YARMOUTH AND WAVENEY CCG**	**	£48,601	**	**	£182,494	**	**
NHS GREATER HUDDERSFIELD CCG	£116,000	£44,753	£120,555	10%	£167,102	72%	£2.28
NHS GREATER PRESTON CCG	£116,000	£34,188	£118,000	6%	£146,106	81%	£2.68
NHS GREENWICH CCG	£111,000	£57,529	£127,471	29%	£210,500	61%	£1.85
NHS GUILDFORD AND WAVERLEY CCG	£276,734	£38,486	£265,996	0%	£141,042	189%	£6.08
NHS HALTON CCG	£101,000	£29,441	£229,000	435%	£111,086	206%	£7.96
NHS HAMBLETON, RICHMONDSHIRE AND WHITBY CCG	£76,676	£27,258	£79,198	9%	£103,497	77%	£2.90
NHS HAMMERSMITH AND FULHAM CCG	£161,000	£37,885	£169,387	22%	£145,646	116%	£4.57
NHS HARINGEY CCG	£459,000	£55,182	£459,000	0%	£202,724	226%	£7.67
NHS HARROGATE AND RURAL DISTRICT CCG	£83,227	£28,685	£84,000	3%	£108,416	77%	£2.55
NHS HARROW CCG	£115,000	£43,875	£160,740	104%	£165,220	97%	£2.71
NHS HARTLEPOOL AND STOCKTON-ON-TEES CCG	£319,966	£60,449	£348,427	47%	£227,082	153%	£5.45
NHS HASTINGS AND ROTHER CCG	MISSING	£41,374	MISSING	MISSING DATA	£154,136	MISSING DATA	MISSING
NHS HAVERING CCG	£254,000	£55,718	£264,000	18%	£205,027	129%	£4.52
NHS HEREFORDSHIRE CCG	£129,408	£35,556	£134,693	15%	£132,136	102%	£3.74
NHS HERTS VALLEYS CCG	£677,000	£115,906	£927,637	216%	£430,779	215%	£6.52
NHS HEYWOOD, MIDDLETON AND ROCHDALE CCG	£137,000	£47,492	£145,000	17%	£178,741	81%	£2.72
NHS HIGH WEALD LEWES HAVENS CCG	£117,582	£31,651	£119,000	4%	£116,203	102%	£3.46

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS HILLINGDON CCG	£145,000	£55,548	£166,000	38%	£204,019	81%	£2.24
NHS HORSHAM AND MID SUSSEX CCG	MISSING	£41,064	£159,772	MISSING DATA	£151,203	106%	£3.04
NHS HOUNSLOW CCG	£241,723	£50,861	£254,558	25%	£193,895	131%	£3.90
NHS HULL CCG	£163,845	£58,519	£160,598	0%	£220,665	73%	£2.80
NHS IPSWICH AND EAST SUFFOLK CCG	£368,000	£71,325	£428,794	85%	£266,862	161%	£5.17
NHS ISLE OF WIGHT CCG	£77,000	£30,558	£77,000	0%	£115,925	66%	£3.11
NHS ISLINGTON CCG	£142,841	£51,785	£153,642	21%	£194,277	79%	£3.62
NHS KERNOW CCG	£540,000	£113,922	£656,000	102%	£426,557	154%	£6.03
NHS KINGSTON CCG	£337,538	£34,204	£345,755	24%	£128,931	268%	£8.75
NHS KNOWSLEY CCG	£149,000	£39,742	£184,000	88%	£150,915	122%	£5.44
NHS LAMBETH CCG	£199,000	£70,769	£204,000	7%	£261,675	78%	£3.29
NHS LEEDS CCG	£425,000	£160,551	£714,893	181%	£599,611	119%	£4.22
NHS LEICESTER CITY CCG	£525,985	£66,790	£529,141	5%	£248,409	213%	£6.29
NHS LEWISHAM CCG	£217,000	£64,371	£233,000	25%	£236,259	99%	£3.40
NHS LINCOLNSHIRE EAST CCG	MISSING	£52,017	£172,954	MISSING DATA	£193,354	89%	£3.93
NHS LINCOLNSHIRE WEST CCG	MISSING	£39,644	£168,764	MISSING DATA	£156,877	108%	£3.66
NHS LIVERPOOL CCG	£316,000	£118,495	£492,000	149%	£443,019	111%	£5.12
NHS LUTON CCG	£200,000	£41,611	£454,000	610%	£154,395	294%	£7.90
NHS MANCHESTER CCG	£365,508	£122,355	£355,500	0%	£453,087	78%	£2.89
NHS MANSFIELD AND ASHFIELD CCG	£153,000	£39,982	£185,000	80%	£147,537	125%	£4.38
NHS MEDWAY CCG	MISSING	£55,747	MISSING	MISSING DATA	£206,474	MISSING DATA	MISSING
NHS MERTON CCG	£216,000	£38,149	£231,810	41%	£141,693	164%	£4.89
NHS MID ESSEX CCG	£187,395	£68,321	£192,000	7%	£255,380	75%	£2.32
NHS MILTON KEYNES CCG	£135,000	£47,876	£148,000	27%	£176,555	84%	£2.11
NHS MORECAMBE BAY CCG	£60,000	£60,784	£40,000	0%	£268,518	15%	£0.66
NHS NENE CCG	£3 54659*	£118,391	£ 748,609*	333%	£442,706	169%	£4.99
NHS NEWARK & SHERWOOD CCG	£144,000	£26,622	£164,000	75%	£96,340	170%	£6.62
NHS NEWCASTLE GATESHEAD CCG	£288,666	£106,842	£304,762	15%	£402,509	76%	£3.11



Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS NEWHAM CCG	£195,000	£66,945	MISSING	MISSING DATA	£245,937	MISSING DATA	MISSING
NHS NORTH CUMBRIA CCG	£270,000	£66,085	£227,749	0%	£251,244	91%	£3.80
NHS NORTH DURHAM CCG	£324,519	£51,780	£396,119	138%	£194,982	203%	£8.55
NHS NORTH EAST ESSEX CCG	£187,000	£70,538	£192,000	7%	£259,975	74%	£2.85
NHS NORTH EAST HAMPSHIRE AND FARNHAM CCG	£102,000	£39,735	£208,835	269%	£149,850	139%	£4.42
NHS NORTH EAST LINCOLNSHIRE CCG	£93,000	£33,392	£96,000	9%	£126,386	76%	£2.78
NHS NORTH HAMPSHIRE CCG	£277,000	£38,709	£281,031	10%	£144,283	195%	£5.70
NHS NORTH KIRKLEES CCG	£95,000	£36,548	£98,731	10%	£136,633	72%	£2.09
NHS NORTH LINCOLNSHIRE CCG	£90,000	£35,778	£90,000	0%	£126,940	71%	£2.53
NHS NORTH NORFOLK CCG**	**	£34,441	**	**	£129,079	**	**
NHS NORTH STAFFORDSHIRE CCG	£475,225	£42,338	£490,921	37%	£159,290	308%	£12.28
NHS NORTH TYNESIDE CCG	£271,693	£46,813	£240,801	0%	£177,139	136%	£5.75
NHS NORTH WEST SURREY CCG	£483,000	£65,418	£468,000	0%	£244,848	191%	£5.92
NHS NORTHUMBERLAND CCG	£339,483	£67,691	£421,000	120%	£256,962	164%	£7.13
NHS NORWICH CCG**	**	£39,217	N/A**	**	£146,280	**	**
NHS NOTTINGHAM CITY CCG	£383,782	£64,951	£242,883	0%	£242,978	100%	£3.52
NHS NOTTINGHAM NORTH AND EAST CCG	£93,420	£27,200	£109,047	57%	£104,396	104%	£3.53
NHS NOTTINGHAM WEST CCG	£61,517	£16,745	£81,605	120%	£66,057	124%	£3.77
NHS OLDHAM CCG	£138,460	£50,547	£138,000	0%	£188,740	73%	£2.32
NHS OXFORDSHIRE CCG	£828,000	£114,015	£828,000	0%	£426,901	194%	£5.80
NHS PORTSMOUTH CCG	£263,000	£40,864	£110,000	0%	£154,866	71%	£2.51
NHS REDBRIDGE CCG	£232,000	£53,942	£241,000	17%	£198,989	121%	£3.16
NHS REDDITCH AND BROMSGROVE CCG	£81,645	£30,660	£106,075	80%	£114,016	93%	£2.69
NHS RICHMOND CCG	£378,000	£35,415	£384,800	19%	£132,253	291%	£8.39
NHS ROTHERHAM CCG	£139,000	£53,420	£139,000	0%	£200,465	69%	£2.42
NHS RUSHCLIFFE CCG	£96,671	£22,309	£112,625	72%	£80,709	140%	£4.58
NHS SALFORD CCG	£177,000	£59,106	£161,000	0%	£219,107	73%	£2.80
NHS SANDWELL AND WEST BIRMINGHAM CCG	£554,004	£106,800	£575,715	20%	£384,204	150%	£4.46

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS SCARBOROUGH AND RYEDALE CCG	£66,000	£23,886	£69,291	14%	£90,151	77%	£3.29
NHS SHEFFIELD CCG	£428,556	£112,281	£376,732	0%	£421,511	89%	£3.20
NHS SHROPSHIRE CCG	£375,000	£57,905	£290,258	0%	£217,043	134%	£4.84
NHS SOMERSET CCG	£384,000	£109,179	£484,000	92%	£404,268	120%	£4.35
NHS SOUTH CHESHIRE CCG	£166,714	£33,821	£145,082	0%	£127,099	114%	£3.81
NHS SOUTH EAST STAFFORDSHIRE AND SEISDON PENINSULA CCG	£383,834	£39,017	£377,948	0%	£143,712	263%	£8.62
NHS SOUTH EASTERN HAMPSHIRE CCG	£305,758	£39,595	£280,000	0%	£148,090	189%	£6.39
NHS SOUTH KENT COAST CCG	£160,827	£42,617	MISSING	MISSING DATA	£158,838	MISSING DATA	MISSING
NHS SOUTH LINCOLNSHIRE CCG	MISSING	£30,783	£105,135	MISSING DATA	£114,241	92%	£3.46
NHS SOUTH NORFOLK CCG**	**	£39,417	**	**	£145,465	**	**
NHS SOUTH SEFTON CCG	£261,716	£35,148	£277,196	44%	£133,791	207%	£8.51
NHS SOUTH TEES CCG	£341,798	£62,299	£400,795	95%	£236,131	170%	£6.64
NHS SOUTH TYNESIDE CCG	£102,000	£36,440	£101,971	0%	£137,829	74%	£3.38
NHS SOUTH WARWICKSHIRE CCG	£137,000	£49,141	£137,000	0%	£184,856	74%	£2.63
NHS SOUTH WEST LINCOLNSHIRE CCG	MISSING	£24,219	£84,598	MISSING DATA	£90,020	94%	£3.26
NHS SOUTH WORCESTERSHIRE CCG	£135,254	£57,362	£176,000	71%	£200,660	88%	£2.94
NHS SOUTHAMPTON CCG	£141,000	£49,980	£220,000	158%	£186,691	118%	£4.29
NHS SOUTHEND CCG	£233,000	£36,587	£236,000	8.20%	£136,042	173%	£5.94
NHS SOUTHPORT AND FORMBY CCG	£204,000	£26,720	£82,000	0%	£101,091	81%	£3.82
NHS SOUTHWARK CCG	£782,000	£62,713	£830,216	77%	£230,063	361%	£12.71
NHS ST HELENS CCG	£135,271	£44,083	£181,329	104%	£166,088	109%	£4.92
NHS STAFFORD AND SURROUNDS CCG	£231,064	£26,531	£243,683	48%	£97,596	250%	£8.22
NHS STOCKPORT CCG	£170,000	£60,954	£174,000	7%	£227,751	76%	£2.74
NHS STOKE ON TRENT CCG	£729,618	£58,261	£560,519	0%	£219,065	256%	£9.46
NHS SUNDERLAND CCG	£210,897	£64,368	£217,871	11%	£245,677	89%	£3.97
NHS SURREY DOWNS CCG	£321,000	£54,125	£340,000	35%	£203,966	167%	£5.19
NHS SURREY HEATH CCG	£120,000	£17,341	£113,000	0%	£65,693	172%	£5.52

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS SUTTON CCG	£410,309	£37,956	£405,000	0%	£139,035	291%	£8.36
NHS SWALE CCG	£158,000	£22,330	MISSING	MISSING DATA	£82,246	MISSING DATA	MISSING
NHS SWINDON CCG	MISSING	£40,551	MISSING	MISSING DATA	£151,932	MISSING DATA	MISSING
NHS TAMESIDE AND GLOSSOP CCG	£141,000	£51,634	£149,000	15%	£195,396	76%	£2.60
NHS TELFORD AND WREKIN CCG	£138,000	£32,785	£121,966	0%	£120,080	102%	£2.97
NHS THANET CCG	£1,595,469	£32,480	MISSING	MISSING DATA	£119,761	MISSING DATA	MISSING
NHS THURROCK CCG	£159,000	£31,850	£196,874	119%	£117,441	168%	£4.41
NHS TOWER HAMLETS CCG	MISSING	£56,668	MISSING	MISSING DATA	£209,599	MISSING DATA	MISSING
NHS TRAFFORD CCG	£226,570	£45,606	MISSING	MISSING DATA	£170,315	MISSING DATA	MISSING
NHS VALE OF YORK CCG	£165,536	£60,588	£154,931	0%	£227,272	68%	£2.32
NHS VALE ROYAL CCG	£192,890	£19,675	£180,333	0%	£73,949	244%	£7.91
NHS WAKEFIELD CCG	£195,000	£75,945	£196,000	1%	£282,602	69%	£2.65
NHS WALSALL CCG	£158,000	£58,096	£158,000	0%	£215,064	73%	£2.29
NHS WALTHAM FOREST CCG	£154,857	£54,288	£158,065	6%	£198,060	80%	£2.37
NHS WANDSWORTH CCG	£394,000	£64,089	£423,331	46%	£238,754	177%	£6.57
NHS WARRINGTON CCG	£175,000	£41,702	£180,000	12%	£156,104	115%	£4.05
NHS WARWICKSHIRE NORTH CCG	£219,960	£35,057	£88,130	0%	£131,571	67%	£2.14
NHS WEST CHESHIRE CCG	MISSING	£50,648	£282,672	MISSING DATA	£190,908	148%	£6.16
NHS WEST ESSEX CCG	£167,000	£58,454	£186,710	34%	£217,614	86%	£2.67
NHS WEST HAMPSHIRE CCG	£711,925	£100,891	£743,000	31%	£376,531	197%	£6.49
NHS WEST KENT CCG	£292,000	£85,223	£330,000	45%	£317,703	104%	£2.92
NHS WEST LANCASHIRE CCG	£62,000	£22,070	£86,872	113%	£83,786	104%	£3.92
NHS WEST LEICESTERSHIRE CCG	£269,837	£64,379	£281,000	17%	£239,303	117%	£3.49
NHS WEST LONDON CCG	£122,680	£49,659	£146,304	48%	£196,167	75%	£3.38
NHS WEST NORFOLK CCG**	**	£36,806	**	**	£135,597	**	**
NHS WEST SUFFOLK CCG	£194,000	£45,510	£227,739	74%	£169,941	134%	£4.74
NHS WIGAN BOROUGH CCG	£345,371	£68,139	£250,114	0%	£256,277	98%	£3.63
NHS WILTSHIRE CCG	£245,000	£90,272	£251,330	7%	£333,878	75%	£2.37

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
NHS WIRRAL CCG	£505,430	£74,249	£524,200	25%	£283,348	185%	£7.77
NHS WOLVERHAMPTON CCG	£616,000	£54,031	£645,788	55%	£199,838	323%	£10.37
NHS WYRE FOREST CCG	£58,008	£23,076	£75,000	74%	£80,930	93%	£3.84

\* Data supplied directly from the CCG, after it reported an error in the original figure/s it or its predecessor/s had submitted to NHS England.

\*\* On 1 April 2020 these CCGs merged to form NHS Norfolk and Waveney CCG<sup>15</sup>. The new CCG reported significant errors in the original submissions and provided the following data for the total spend across Norfolk and Waveney in 2019/20:

Clinical Commissioning Group (CCG) (2019/20) <sup>i</sup>	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 (above 2018/19 levels) that was actually spent <sup>v</sup>	Total additional funding in 2019/20 (above 2014/15 baseline) <sup>vi</sup>	2019/20 Total spend as proportion of additional funding (above 2014/15 baseline) <sup>vii</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
<ul style="list-style-type: none"> <li>NHS GREAT YARMOUTH AND WAVENEY CCG;</li> <li>NHS NORTH NORFOLK CCG;</li> <li>NHS NORWICH CCG;</li> <li>NHS SOUTH NORFOLK CCG;</li> <li>NHS WEST NORFOLK CCG</li> </ul>	£1,063,000	£198,482	£1,603,000	0%	£738,914	217%	£8.25

## NHS Region-level data

NHS Regions (England) <sup>i</sup> (2019/20)	2018/19 Total spend <sup>ii</sup>	Additional funding provided for 2019/20 (above 2018/19 levels) <sup>iii</sup>	2019/20 Total spend <sup>iv</sup>	% of additional funding for 2019/20 that was actually spent <sup>v</sup>	2019/20 Spend per capita (0-17 year old) <sup>viii</sup>
EAST OF ENGLAND	£5,904,395	£1,221,548	£6,753,688	70%	£4.75
LONDON	£8,550,990*	£1,752,044	£8,851,871*	17%*	£4.36*
MIDLANDS	£10,907,845*	£2,015,660	£10,911,104	0.2%*	£4.81
NORTH EAST & YORKSHIRE	£6,140,697	£1,773,370	£6,815,474	38%	£3.82
NORTH WEST	£6,108,856*	£1,523,166	£6,556,161*	29%*	£4.34*
SOUTH EAST	£10,528,068*	£1,646,327	£9,409,215*	0%*	£4.96*
SOUTH WEST	£5,383,113*	£1,067,885	£5,319,199*	0%*	£4.80*
	<b>£53,523,965*</b>	<b>£11,000,000</b>	<b>£54,616,711*</b>		<b>National average = £4.54 (Mean) *; £4.26 (Median) *</b>

\*One or more CCGs did not report data, so average per capita spending data were imputed for these CCGs (see Appendix B).

### Appendix A: Footnotes

- i. The majority of the data in these tables have been extracted or derived from the NHS Mental Health Dashboard ([www.england.nhs.uk/mental-health/taskforce/imp/mh-dashboard/](http://www.england.nhs.uk/mental-health/taskforce/imp/mh-dashboard/)). For more information on data quality issues concerning this source please see Appendix B. On 1 April 2020, 74 CCGs closed/merged to form 18 new CCGs, and further mergers are planned for 1 April 2021<sup>15</sup>.
- ii. Total spend on children and young people's community eating disorder services in 2018/19 as reported by CCGs (Source: [www.england.nhs.uk/mental-health/taskforce/imp/mh-dashboard/](http://www.england.nhs.uk/mental-health/taskforce/imp/mh-dashboard/)). This data is not available for some CCGs (see cells with 'Missing').
- iii. In 2019/20 NHS England allocated an extra £11m in funding to CCGs for children and young people's community eating disorders services (above the 2018/19 level). The figures in this column are the estimated shares of this £11m. This was derived through data published by NHS England on the final allocations for CCG 'core' services in 2019/20<sup>10</sup>. For more information on this calculation see Appendix B. For more information on how NHS England allocates funding to CCGs see - [www.england.nhs.uk/allocations/](http://www.england.nhs.uk/allocations/).
- iv. Total spend on children and young people's community eating disorder services in 2019/20 as reported by CCGs (Source: [www.england.nhs.uk/mental-health/taskforce/imp/mh-dashboard/](http://www.england.nhs.uk/mental-health/taskforce/imp/mh-dashboard/)). This data is not available for some CCGs (see cells with 'Missing').
- v. The proportion of the extra £11m allocated in 2019/20 (above the 2018/19 level) that was actually spent. This was calculated by deducting actual spend in 2018/19 from actual spend in 2019/20 and then dividing the remainder by the figures in column iii. Figures of 0% have been entered for CCGs and regions that spent the same or less in 2019/20 than in 2018/19. This is not calculable for some CCGs (see cells with 'Missing data').
- vi. In 2019/20 NHS England allocated a total of £41m in additional funding to CCGs for children and young people's community eating disorders services (above the 2014/15 baseline). The figures in this column are the estimated shares of this £41m. This was derived through data published by NHS England on the final allocations for CCG 'core' services in 2019/20<sup>10</sup>. For more information on this calculation see Appendix B. For more information on how NHS England allocates funding to CCGs see - [www.england.nhs.uk/allocations/](http://www.england.nhs.uk/allocations/).
- vii. Total spend on children and young people's community eating disorders services in 2019/20 as a proportion of the £41m in additional funding (above the 2014/15 baseline) allocated to CCGs. This was calculated by dividing total spend in 2019/20 by the estimated additional funding received (above the 2014/15 baseline). If a CCG has a value in this column of less than 100% this means that it spent less on children and young people's community eating disorder services in 2019/20 than the amount of 'additional' funding it received from NHS England for these services. See footnotes iv and vi above and Appendix B for more information. This is not calculable for some CCGs (see cells with 'Missing data').
- viii. Spend per capita (per 0-17 year old) was calculated by dividing the total spend in 2019/20 by the number of 0-17 year olds (inclusive) within each area. The denominator for this calculation was derived from the 2019 Mid-Year Population estimates for CCGs published by the Office for National Statistics (Source: [www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationestimates/datasets/clinicalcommissioninggroupmidyearpopulationestimates](http://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/populationestimates/datasets/clinicalcommissioninggroupmidyearpopulationestimates)). This data is not calculable for some CCGs (see cells with 'Missing').

# Appendix B: Methodology

## Limitations

### Missing data

Although all CCGs collected and reported data on overall mental health spending in 2018/19 and 2019/20, some were unable to report either (or both) planned or actual spending on children and young people’s community eating disorder services<sup>9</sup>. Within the ‘Guide’ tab of the NHS Mental Health Dashboard, NHS England warns that:

*“It is important to note that some CCGs have had difficulties extracting costs for specific services that they commission because of block contract arrangements...NHS England continues to work closely with CCGs to support them to improve the quality of information they are able to provide on their expenditure. Nevertheless, it is advised that this information is used with caution.”<sup>9</sup>*

The CCGs that were unable to report planned and/or actual spending data in 2018/19 and/or 2019/20 are shown in Table 10 below. Empty squares signify data that was reported, whereas red squares denote missing data. Fourteen (7%) CCGs were unable to report spend in 2019/20.

**CCGs unable to report planned and/or actual spend on children and young people’s community eating disorder services in 2018/19 and/or 2019/20<sup>9</sup>.**

Clinical Commissioning Group (CCG)	NHS Region (2019/20)	2018/19		2019/20	
		Planned Spend	Actual Spend	Planned Spend	Actual Spend
NHS AIREDALE, WHARFEDALE AND CRAVEN CCG	NORTH EAST & YORKSHIRE				
NHS ASHFORD CCG	SOUTH EAST				
NHS BARNET CCG	LONDON				
NHS BEDFORDSHIRE CCG	EAST OF ENGLAND				
NHS CAMDEN CCG	LONDON				
NHS CANTERBURY AND COASTAL CCG	SOUTH EAST				
NHS CRAWLEY CCG	SOUTH EAST				
NHS DARTFORD, GRAVESHAM AND SWANLEY CCG	SOUTH EAST				
NHS EASTBOURNE, HAILSHAM AND SEAFORD CCG	SOUTH EAST				
NHS HAMMERSMITH AND FULHAM CCG	LONDON				
NHS HASTINGS AND ROTHER CCG	SOUTH EAST				
NHS HORSHAM AND MID SUSSEX CCG	SOUTH EAST				
NHS LEWISHAM CCG	LONDON				
NHS LINCOLNSHIRE EAST CCG	MIDLANDS				
NHS LINCOLNSHIRE WEST CCG	MIDLANDS				
NHS MEDWAY CCG	SOUTH EAST				
NHS NEWHAM CCG	LONDON				
NHS NORTH WEST SURREY CCG	SOUTH EAST				
NHS SOUTH KENT COAST CCG	SOUTH EAST				
NHS SOUTH LINCOLNSHIRE CCG	MIDLANDS				

NHS SOUTH WEST LINCOLNSHIRE CCG	MIDLANDS				
NHS ST HELENS CCG	NORTH WEST				
NHS SWALE CCG	SOUTH EAST				
NHS SWINDON CCG	SOUTH WEST				
NHS THANET CCG	SOUTH EAST				
NHS TOWER HAMLETS CCG	LONDON				
NHS TRAFFORD CCG	NORTH WEST				
NHS WEST CHESHIRE CCG	NORTH WEST				
NHS WEST LONDON CCG	LONDON				

Six of the 13 CCGs that were unable to report actual spend in 2018/19 and 9 of the 14 CCGs that were unable to report actual spend in 2019/20 were in the South East NHS region.

## Data Quality

The financial data within the NHS Mental Health Dashboard is collected and reported to NHS England by CCGs<sup>9</sup>. Approaches to accountancy for different areas of mental health spending vary between CCGs.

In the ‘Guide’ tab of the NHS Mental Health Dashboard NHS England states that:

*“Whilst every effort has been made to ensure that the data in the dashboard has been properly quality assured, some of the data used is classed as experimental, whilst other information, particularly financial data, is necessarily revised and improved over time. Data is correct at the time of publishing, however, caution is advised when seeking to draw comparisons between data between different iterations of the Dashboard.”<sup>9</sup>*

A draft copy of this report was shared with CCGs in advance, providing five weeks to report any inaccuracies in the spending data. A relatively small number of corrections were made as a result and these are marked with asterisks in Appendix A. Although Great Yarmouth and Waveney CCG, North Norfolk CCG, Norwich CCG, South Norfolk CCG and West Norfolk CCG all submitted relevant data to the NHS Mental Health Dashboard for 2018/19 and 2019/20, this data has not been included in Appendix A or the CCG-level data analysis, as the newly-formed Norfolk and Waveney CCG reported significant errors in the original submissions. While it did provide total spending figures for the whole Norfolk and Waveney area in 2018/19 and 2019/20, it did not disaggregate this further.

The NHS Mental Health Dashboard<sup>9</sup> is the primary source of data on mental health services in England that is accessible to the public, so CCGs should ensure they submit accurate data to it, and that any errors are quickly identified and corrected.

## Calculations

### Estimating allocations of additional funding

Part of the analysis presented in this report is based on understanding how the additional funding allocated for children and young people’s community eating disorder services under the *NHS Long Term Plan* was shared amongst CCGs for 2019/20. Based on an answer to a written parliamentary question<sup>11</sup>, these estimates have been derived through reference to the final NHS allocations received by each CCG for ‘core’ services (this excludes primary care and specialised services) in 2018/19 and 2019/20 as published by NHS England (see column 9 in the ‘Core Services C1’ sheet)<sup>10</sup>.

## Missing data

To enable analysis of spending at the national and NHS region levels, a consistent approach was taken to account for those CCGs that were unable to report spending data for either or both years. Mean per capita (0-17 year old) spend was calculated at the national level by dividing the total reported spend, by the total population covered by the CCGs that did report data. These averages were £4.48 and £4.54 in 2018/19 and 2019/20 respectively for actual spend. The average planned spend per capita was £4.55 in 2019/20. These per capita values were then imputed for the CCGs with missing data.

This approach results in an estimated median spend per child and young person (0-17 year old) of £4.26 in 2019/20. This is only slightly higher than if the CCGs with missing data were instead excluded, which would result in a median per capita spend of £3.95 in 2019/20. The five CCGs that merged in April 2020 to form Norfolk and Waveney CCG were excluded from this calculation of median spend per capita for 2019/20, due to the new CCG providing only an aggregate total spend for the whole area.



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